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| **Viatura de Domicílios** | | | |
| **Área** | **Frequência da atividade** | | |
| **Mala Viatura** |  | Diária |  |
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| Área de Higienização | Frequência | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Mala viatura | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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| Área de Higienização | Frequência | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Mala viatura | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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| Área de Higienização | Frequência | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Mala viatura | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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Nota: A execução será assinalada de acordo com o código (letra) atribuído a cada profissional

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| **ÁREA DE ARMAZÉM DE RESÍDUOS GRUPO III E IV**  L- Limpeza D- Desinfeção L/D- Limpeza e desinfeção | | | | |
| **Frequência** | **Paredes** | **Pavimento** | **Porta** | **Manípulos das portas** |
| **Turno** |  |  |  | D |
| **Diária** |  | L | L |  |
| **Semanal** | L |  |  |  |

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| **Área Higienização** | **Frequência** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| **Paredes** | Semanal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Pavimento** | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Portas** | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Manípulos** | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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| **Área Higienização** | **Frequência** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| **Paredes** | Semanal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Pavimento** | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Portas** | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Manípulos** | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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Nota: A execução será assinalada de acordo com o código (letra) atribuído a cada profissional

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| **GABINETES DE CONSULTAS**  L- Limpeza D- Desinfeção L/D- Limpeza e desinfeção | | | | | | | | | | | | |
| Frequência | Porta | Manípulos das portas | Pavimento | Paredes | Marquesa | Interior dos armários | Cortinas e biombos | Lavatórios | Recipiente resíduos contaminados | Recipiente resíduos comuns | Teclados e telefone | Braçadeiras |
| Turno |  | D |  |  | L/D |  |  | L |  |  | D |  |
| Diária | L |  | L |  |  |  |  |  | D/L | D/L |  |  |
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| **Área Higienização** | **Frequência** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Porta | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Marquesa | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Interior Armários | Semanal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cortinas /biombos |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lavatórios | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Resíduos comuns | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Res. contaminado | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Teclado e telefone | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Braçadeiras | Mensal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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Nota: A execução será assinalada de acordo com o código (letra) atribuído a cada profissional

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| **SALAS DE TRATAMENTO**  L- Limpeza D- Desinfeção L/D- Limpeza e desinfeção | | | | | | | | | | | | | | | |
| Frequência | Porta | Manípulos das portas | Pavimento | Paredes | Marquesa | Interior dos armários | Cortinas e biombos | Lavatórios | Recipiente resíduos contaminados | Recipientes resíduos comuns | Teclados e telefone | Bancada | Azulejos | Carros de apoio sala | Cadeira rodas |
| Turno |  | D | L |  | L/D |  |  | L |  |  | D | L/D | L/D | L/D | L/D sempre que utilizada |
| Diária | L |  |  |  |  |  |  |  | D/L | D/L |  |  |  |  |
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| **Área Higienização** | **Frequência** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Porta | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Manípulos  portas | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Marquesa | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Interior Armários | Semanal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cortinas /biombos | Semanal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lavatórios | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Resíduos comuns | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Res. contaminado | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Teclado e telefone | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Bancada/azulejos | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Carros de apoio | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cadeira rodas | Sempre que utilizada |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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Nota: A execução será assinalada de acordo com o código (letra) atribuído a cada profissional

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| **SALAS DE VACINAÇÃO**  L- Limpeza D- Desinfeção L/D- Limpeza e desinfeção | | | | | | | | | | | | | | | |
| Frequência | Porta | Manípulos das portas | Pavimento | Paredes | Marquesa | Interior dos armários | Cortinas e biombos | Lavatórios | Recipiente resíduos contaminados | Recipientes resíduos comuns | Teclados e telefone | Bancada | Azulejos | Carros de apoio sala | Frigorifico |
| Turno |  | D | L |  | L/D |  |  | L |  |  | D | L/D | L/D | L/D |  |
| Diária | L |  |  |  |  |  |  |  | D/L | D/L |  |  |  |  |  |
| Semanal |  |  |  |  |  | L | D |  |  |  |  |  |  |  | L |
| Mensal |  |  |  | L |  |  | L |  |  |  |  |  |  |  |  |

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| **Área Higienização** | **Frequência** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Porta | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Manípulos  portas | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pavimento | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Parede | Mensal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Marquesa | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Interior Armários | Semanal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cortinas /biombos | Semanal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lavatórios | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Resíduos comuns | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Res. contaminado | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Teclado e telefone | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Bancada/azulejos | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Carros de apoio | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Frigorifico | Semanal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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Nota: A execução será assinalada de acordo com o código (letra) atribuído a cada profissional

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| **COPA E BAR**  L- Limpeza D- Desinfeção L/D- Limpeza e desinfeção | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **Frequência** | | | | | **Paredes** | | | **Pavimento** | | | | **Porta** | | **Manípulos das portas** | | | | | | **Bancada** | | | **Frigorifico** | | | | **Micro-ondas** | | | | **Interior armários** | | | | |
| **Turno** | | | | |  | | |  | | | |  | | D | | | | | |  | | |  | | | |  | | | |  | | | | |
| **Diária** | | | | |  | | | L | | | | L | |  | | | | | | L | | |  | | | | L | | | |  | | | | |
| **Semanal** | | | | | L | | |  | | | |  | |  | | | | | |  | | | L | | | |  | | | | L | | | | |
| **Área Higienização** | **Frequência** | | 1 | 2 | 3 | 4 | | 5 | 6 | | 7 | 8 | 9 | | 10 | | 11 | 12 | 13 | 14 | 15 | | 16 | 17 | | 18 | 19 | 20 | | 21 | 22 | 23 | | 24 | 25 | 26 | 27 | | 28 | 29 | 30 | 31 |
| Porta | Diária | |  |  |  |  | |  |  | |  |  |  | |  | |  |  |  |  |  | |  |  | |  |  |  | |  |  |  | |  |  |  |  | |  |  |  |  |
| Manípulos | Turno | |  |  |  |  | |  |  | |  |  |  | |  | |  |  |  |  |  | |  |  | |  |  |  | |  |  |  | |  |  |  |  | |  |  |  |  |
| Pavimento | Diária | |  |  |  |  | |  |  | |  |  |  | |  | |  |  |  |  |  | |  |  | |  |  |  | |  |  |  | |  |  |  |  | |  |  |  |  |
| Parede | Mensal | |  |  |  |  | |  |  | |  |  |  | |  | |  |  |  |  |  | |  |  | |  |  |  | |  |  |  | |  |  |  |  | |  |  |  |  |
| Interior Armários | Semanal | |  |  |  |  | |  |  | |  |  |  | |  | |  |  |  |  |  | |  |  | |  |  |  | |  |  |  | |  |  |  |  | |  |  |  |  |
| Bancada | Diária | |  |  |  |  | |  |  | |  |  |  | |  | |  |  |  |  |  | |  |  | |  |  |  | |  |  |  | |  |  |  |  | |  |  |  |  |
| Micro-ondas | Diária | |  |  |  |  | |  |  | |  |  |  | |  | |  |  |  |  |  | |  |  | |  |  |  | |  |  |  | |  |  |  |  | |  |  |  |  |
| Frigorifico | Semanal | |  |  |  |  | |  |  | |  |  |  | |  | |  |  |  |  |  | |  |  | |  |  |  | |  |  |  | |  |  |  |  | |  |  |  |  |

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| **Área Higienização** | **Frequência** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Porta | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Manípulos | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Parede | Mensal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Interior Armários | Semanal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Micro-ondas | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Frigorifico | Semanal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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Nota: A execução será assinalada de acordo com o código (letra) atribuído a cada profissional

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| **SANITÁRIOS**  L- Limpeza D- Desinfeção L/D- Limpeza e desinfeção | | | | | | | | |
| **Frequência** | **Paredes** | **Pavimento** | **Porta** | **Manípulos das portas** | **Sanitas** | **Recipiente lixo** | **Dispensador papel** | **Lavatórios e azulejos** |
| **Turno** |  | L | L | D | L/D | L/D | L/D | L |
| **Diária** |  |  |  |  |  |  |  |  |
| **Semanal** | L |  |  |  |  |  |  |  |

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| **Área Higienização** | **Frequência** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Porta | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Manípulos | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pavimento | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Parede | Semanal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sanita | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Recipiente lixo | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lavatórios /azulejos | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Dispensador papel | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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Nota: A execução será assinalada de acordo com o código (letra) atribuído a cada profissional

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| **ÁREA ADMINISTRATIVA**  L- Limpeza D- Desinfeção L/D- Limpeza e desinfeção | | | | | | |
| **Frequência** | **Porta** | **Manípulo porta** | **Pavimento** | **Paredes** | **Recipiente lixo** | **Telefone e teclados** |
| **Turno** |  | **D** |  |  |  | **D** |
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| **Área Higienização** | **Frequência** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Porta | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Recipiente lixo | Semanal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Telefone / teclado | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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| **Área Higienização** | **Frequência** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Porta | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Manípulos | Turno |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **ÁREA ARMAZÉM**  L- Limpeza D- Desinfeção L/D- Limpeza e desinfeção | | | | | | |
| **Frequência** | **Porta** | **Manípulo porta** | **Pavimento** | **Paredes** | **Recipiente lixo** | **Prateleiras** |
| **Turno** |  | **D** |  |  |  |  |
| **Diária** | **L** |  |  |  |  |  |
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| **Área Higienização** | **Frequência** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Porta | Diária |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Pavimento | Semanal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Parede | Mensal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Recipiente lixo | Semanal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Prateleiras | Mensal |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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| **Área Higienização** | **Frequência** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
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